

Level 2 Head Coach Qualification Course Information Pack

PART ONE:

Introduction to our Qualifications

The UK Dodgeball Association has recognised the efforts of all participants in the sport. We have a commitment to raising the profile and standard of the sport across the UK. An important part in doing this is to develop the attributes of new and established participants in the sport, whether through playing, officiating or coaching.

Our aim is to develop the very best coaches to deliver the sport to all ages in the community and in schools, to do this we have developed a coaching model which incorporates high quality courses to aid the continual professional develop of our coaches.

The model includes the needs of all coaches from performance to participation for both young children and adults. Our structure contains four levels of expertise from novice up to elite, each course is designed to meet the needs of all the candidates and strives to raise the standard of their coaching in their participant sector as well as developing the skills to work in other target sectors also.

The UKDBA currently has 3 courses, with more on the way as the sport develops, these courses are:

UKDBA Taster Sessions – for those looking for a fun introduction to the sport, our tutors deliver a 3 hour workshop delivering the rules, basic skills and knowledge to develop the sport in your area.

UKDBA Level 1 - Lead Coach- UKDBA Level 1 Coaching Certificate in Dodgeball is designed to enable those with little or no experience in the sport an insight into all aspects of Dodgeball, and to develop the coaching skills to successfully assist in the delivery of a Dodgeball Session

UKDBA Level 2 – Head Coach - The UKDBA Level 2 Coaching Certificate in Dodgeball is designed to enable those who have some experience of Dodgeball to attain and develop the skills necessary to deliver a high quality experience to players of all ages.



UK Dodge Ball Association 2011 ©

PART ONE:

Introduction to our Coaching Pathway



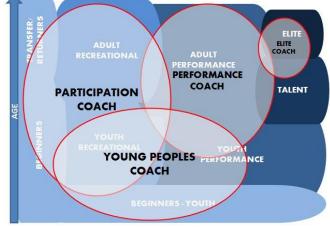


Fig.1 UKDBA Coaching Development Model

Fig.2 UKDBA Participant Development Model showing Coaching Populations

As you can see from our models above, we offer a pathway for coaches to develop their knowledge, skills and understanding for a variety of coaching populations. In conjunction with this, the UKDBA also offer a pathway for those coaches and players who wish to take on officiating.

A referee workshop is offered for those with no experience in the sport, however successful qualification as a level 2 coach includes qualification as a level 1 junior referee with the option to upgrade to a level 2 referee following assessment at our adult competitions.

For more information on officiating do not hesitate to contact our development officer for Referees.

PART TWO:

Introduction to the Level Two Qualification

The UKDBA Level 2 Coaching Course is for candidates with good experience in the UK sport of Dodgeball, it is open to any candidate over the age of 16 who wants to improve their knowledge of the sport and their coaching skills. The course has been designed by the NGB for Dodgeball, the UKDBA and its development team, the team has a wealth of experience in all age groups, and with input from the top international coaches their expertise has helped to form a high quality qualification for you to experience.

The certificate upon successful completion of the qualification, will enable you to plan and deliver Dodgeball to any age group. The certificate will also open up opportunity to progress your coaching development further through the UKDBA.

Qualification Prerequisites

You are required to:

- Be at least 16 years of age
- Filled out the relevant details on the pre-course booking form
- Attended a current safeguarding & child protection course

Recommended:

- Attended a basic first aid course
- Equity in your coaching

And at minimum one of the following:

- Hold a UKDBA Level 1 certificate
- Have experience at a UKDBA event
- Hold a UKDBA refereeing qualification
- Have experience of UK rules coupled with a level 2 certificate in another sport

Note:

Registration

Your certificate does not expire, however your insurance through the UKDBA will need to be renewed 12 months after receiving your qualification.

PART TWO:

Qualification Aims and Objectives

Aim

To build on your previous coaching experience, developing the skills to prepare, deliver and review coaching sessions for Dodgeball. Expanding on your knowledge of the sport, and creating innovative ways to deliver Dodgeball to players of all ages on your own.

This course offers deeper understanding of Dodgeball for aspiring coaches in the sport, developing their knowledge and understanding of how to coach Dodgeball to a variety of ages, whether it is a local community group, or to a school team.

Objectives

Once candidates have successfully completed the Level 2 course in coaching Dodgeball, they should be able to:

- Establish a safe working environment
- Develop positive relationships with participants
- Understand Dodgeball and how it is delivered
- Produce session plans to develop participants' performance
- Deliver activities using a games-based approach
- Develop understanding of tactics
- Conclude and review activities
- Adapt activities
- Evaluate and conclude sessions
- Plan to meet the needs of the participants
- Support participants needs and behaviour

PART TWO:

Qualification Format

The UKDBA Level 2 consists of 5 parts, 4 modules and an assessment. The 4 modules are assessed throughout the modules and within the final assessment, all areas must be passed in order to successfully complete the qualification.

UKDBA Level 2

Module 1
Safety, Rules, Officiating,
Principles of Dodgeball

Module 4
Coaching skills through conditioned games, setting objectives, creating and reviewing practice

Module 5
Planning sessions using progression and differentiation

Module 6
Advanced tactics,
techniques and use of
questioning

Assessment
Delivery of self-prepared
plan